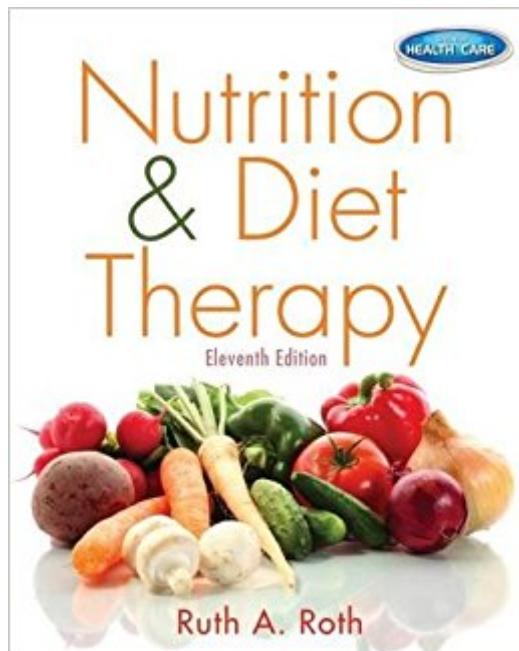


The book was found

Nutrition & Diet Therapy



Synopsis

NUTRITION & DIET THERAPY11E is an updated introduction to the essentials of nutrition concepts, good health and client care that will provide you with a solid foundation in nutrition. This book addresses misconceptions presented in the media about the link between good nutrition and good health and will enable you to more effectively help your clients improve their nutrition and overall health. NUTRITION & DIET THERAPY 11E is organized around three simple concepts. Section One covers the fundamentals of nutrition, Section Two explains how to maintain good health through nutrition and Section Three addresses the nutrition therapy concepts nurses need to know.

Book Information

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Customer Reviews

"In the Case In Points, I love how the author not only presents a realistic life situation, but uses the nursing process to promote critical thinking. Most authors that I have read who use the Nursing Process tend to "give" the information without leading the reader to seek out the information. The author of this text provides questions under the various parts of the Nursing Process that stimulates discussion and thinking. "I found the information in each chapter to be the most recent information and recommendations. In fact, some of the recommendations were new to me."

Ruth A. Roth, M.S., RDN, is a retired Dietician from Parkview Hospital and a retired faculty member

from Purdue University in Fort Wayne, Indiana.

I was very pleased with the layout of the book. It is easy to understand. The back of the book also has like 60 pages of different foods with protein, fats, etc listed. It makes doing my diet journals and diet reports for class very easy. I would recommended this book to anyone who is taking Diet and Nutrition.

The answer were all circle. .

I had to get this book for my nutrition class and it breaks everything down and really allows you to understand. I'm actually still using this book to study for state Board exams

Kinda old and worn but it's just what I needed.

This was the book that was needed for the class I was taking so it was good to have and to be able to following along and complete my professors assignments. However I wish that we used a more updated version because not everything in the book is still valid.

Book fell apart at first use. All the pages separated from the binding. Frustrating!!

Good Book

excellent condition, came before my classes started. Feeling confident because I have all the materials needed to complete my exercises and assignments. Thank you.

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